

Dear Living Waters Applicant:

Thank you for your interest in the Living Waters Program (LWP), offered by Regeneration of Northern Virginia. Please find enclosed a LWP brochure, the Confidential Intake Form, a “*What is Required of Me?*” handout and the program syllabus. **Your completed application must be returned to our office prior to September 20, 2011.** There is typically a waiting list each year for the program so returning your application prior to the deadline is essential. Applications received after this time will be considered *only* if there is room left and an in-person interview is scheduled during routine office hours before September 27th.

Please *thoroughly* read all of the enclosed information. Once you have prayerfully considered applying, complete the forms and your testimony, and return them to: **Regeneration, P.O. Box 1034, Fairfax, VA 22038.** You may send it by e-mail to ann@regenerationministries.org. All of the information you provide will be kept **strictly confidential**. Submitting an application does not guarantee placement in the program. Once your application is received, you will be contacted for the required interview.

The interview process clarifies the demands and requirements of the program. It also helps assure the LWP is the best resource for you at the present time. We seek to provide an environment which is conducive and safe for in-depth ministry. Those who are accepted into the LWP will receive a confirmation letter in the mail, or by e-mail, if requested.

This 32-week program begins Thursday evening, September 29, 2011, and concludes with our closing banquet on May 12, 2012. Each teaching builds upon the previous one so consistent attendance must be a *priority*. It is important you set aside this time as a *season* to work through deeper issues in your life. Therefore, we ask you to not schedule vacation time to conflict with your attendance. There are also ***two required Saturday sessions***, as noted on the syllabus, for which attendance is mandatory due to the critical subject matter covered.

If you are aware you will be missing *4 or more* of the teaching sessions, we ask you do not apply for the program at this time. When you do not attend a teaching session, you do a disservice to yourself and your small group. Incorporated within the 32 weeks are three sharing/potluck evenings. These evenings are a source of great blessing and encouragement. If you have any questions about attendance, please contact the office for assistance.

The meetings will take place in Falls Church, Virginia. Further details will be provided once you complete the application process. The cost of the program is \$450.00 (\$14/week plus books and materials). The full amount is due on September 29, 2011. If the full payment cannot be provided, arrangements must be made for a payment plan prior to September 29th. ***Do not let the cost be a deterrent for applying to the program!*** Please contact the Fairfax office at 703-591-4673, if you are interested in a payment plan or would like to apply for special assistance.

The LWP is a closed group (to promote confidentiality, safety, and trust); therefore no one can be admitted into the program two weeks after it has begun. Participants who leave the program after two weeks create a vacancy that cannot be filled. **Therefore, the program fee is non-refundable after the second week of the program (October 6, 2010).**

Your commitment to the LWP is really a commitment to deepening your relationship with Jesus Christ. A common factor among those who have experienced the greatest change in their lives is a willingness to choose to yield to the Lordship of Jesus at any cost. It is a commitment to discern and follow the will of the Father for your life.

If you have any questions or require additional information, please do not hesitate to contact us. We look forward to hearing from you and pray you will be truly guided by the Holy Spirit in making your decision. God bless you!

In His Name,

Bob

Rev. Bob Ragan
Director
Regeneration of Northern Virginia
Celebrating 20 years of offering hope!

REGENERATION OF NORTHERN VIRGINIA LIVING WATERS PROGRAM

CONFIDENTIAL INTAKE FORM

All information provided on this form will be maintained in **strict confidentiality**. It will be reviewed only by leadership directly involved with the Living Waters program. Please write legibly or print clearly and use additional paper if necessary in answering the questions. This information provided will assist the leadership of Regeneration and Living Waters in ministering to you.

DATE: _____

NAME: _____ AGE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ + _ _ _ _

HOME PHONE: _____ WORK PHONE: _____

CELL PHONE: _____ EMAIL: _____

HOW DID YOU HEAR ABOUT REGENERATION/LIVING WATERS? _____

May we call you at home? yes no. At work? yes no.

May we mail materials to the above address? yes no.

May we add you to our newsletter mailing list? yes no.

May we contact you by e-mail? yes no

_____ Single _____ Engaged _____ Married How long? _____
_____ Separated _____ Divorced _____ Remarried _____ Widowed

Children (# / ages): _____

A. EDUCATIONAL BACKGROUND

High School (# of years): _____ College (# of years): _____ Degrees: _____

Additional training/education: _____

B. RELIGIOUS HISTORY

1) On a separate piece of paper, please write (type) no more than a 1 page testimony of your Christian journey, including the impact and/or influence of your relationship with Jesus Christ on your sexual and/or relational struggles.

2) What church are you currently attending? _____

Affiliation: _____ how long attending? _____

3) Do you attend regularly? (3-4 times/month) yes no.

4) Are you currently participating in ongoing fellowship/ministry/volunteering within your church besides regular Sunday service? yes no. If yes, please explain:

5) Please list all your past church/religious affiliation(s) or any religious instruction.

6) Please indicate any other support groups (Christian/non-Christian) you have attended and for what time period you were involved with them:

7) What types of prayer ministry have you received? How do you feel about receiving such prayer?

8) Do you believe engaging in homosexual sexual activity is outside of God's design?

yes no. If no, please explain:

- 9) Do you believe engaging in any sexual relations outside of marriage is sinful and not according to God's design? Yes no If no, please explain:

C. RELATIONAL HISTORY

- 1) At what age was your first heterosexual sexual encounter, if any? (Please briefly explain circumstances)

- 2) At what age was your first homosexual sexual encounter, if any? (Please briefly explain circumstances)

- 3) Have you ever been involved in any long-term, sexual relationship(s) outside marriage?

yes no. If yes, how many / how long:

- 4) Are you currently involved in a relationship(s) that includes engaging in sexual contact (other than with a spouse)? yes no. If yes, please explain:

- 5) What is the specific issue(s) which is the basis for applying to this program?

- 6) What behaviors or difficulties have resulted due to this issue (s)?

- 7) Do you struggle with homosexual tendencies? yes no. If yes, at what age did you first realize that you were attracted to the same sex?

8) Are you aware of any abuse in your past? yes no. If yes, please circle the areas of abuse that apply to you: sexual, emotional, physical, verbal, mental, spiritual.

D. FAMILY/MEDICAL HISTORY

NOTE: Please give *full* answers to the following questions (i.e. not one word answers). Please use additional paper, if necessary, when providing information requested rather than trying to squeeze it in the space provided. If additional sheets are used, please type responses rather than hand-write them.

1) Of the following, who is aware of your sexual/relational struggles?
Father Mother Siblings Spouse Pastor
Children

Describe how they responded to this information.

2) Describe your relationship with your father (in childhood **and** adulthood):

3) Describe your relationship with your mother (in childhood **and** adulthood):

4) Describe your relationship with your siblings (in childhood **and** adulthood):

- 5) Do you recall any significant, traumatic incidents in your life (including abuse)? yes no. If yes, please explain situation(s) if possible:
- 6) Are you or your parents chemically dependent (alcohol, drugs)? yes no
If yes, please explain:
- 7) Are you currently taking any medications? Yes no If yes, please indicate which medications and the reason they have been prescribed. Have you ever taken yourself off of your medications without your doctor's approval? yes no If yes, also please explain:
- 8) Have you ever purposely inflicted physical injury to yourself (i.e. cutting/puncturing your skin)? yes no. If yes, how recent has this activity been, and how often have you performed it?
- 9) Do you have any medical/physical conditions that would interfere with your involvement in the program? yes no. If yes, please explain:
- 10) Have you been tested for HIV? yes no. If you have been sexually active since 1980 (other than with your spouse, if married) and have not been tested, what prevents you from being tested?

11) Are you currently receiving counseling? yes no. (If yes, your counselor must be informed of your involvement in the program, and we require a signed letter confirming he/she is aware of this information.)

Is the counselor a licensed professional or a lay-counselor ?

Please indicate the name and contact information of your counselor:

_____	_____
Name	Phone number

12) Have you ever seriously contemplated suicide (i.e. developed a plan)? yes no
If yes, please explain the circumstances and indicate when the most recent incident of suicidal thoughts occurred:

13) Have you ever been hospitalized for mental and/or emotional issues/distress?
Yes no If yes, please explain the circumstances:

14) Besides counseling, please describe the current type(s) of support you have to assist you with your current areas of struggle:

15) Who should we contact in the case of an emergency (Name, relationship, phone number?):

16) Please review and complete the spiritual activity form attached (page 8).

E. EXPECTATIONS AND GOALS

1) What are your expectations and goals in coming to Living Waters?

F. COMMITMENT

1) Have you read the handout “What is required of me?” and do you understand the commitment required of the program? If no, please explain:

Please return the following to the Regeneration NoVA office:

- Completed intake form (No unanswered questions)**
- Copy of your testimony (Section B., Question 1)**
- Signed confidentiality form**

**Regeneration
P.O. Box 1034
Fairfax, VA 22038 - 1034**

SPIRITUAL ACTIVITY FORM

Have you or anyone in your family or friends been involved in (either active participation or exposure to) **ANY** of the following? Under the “ME” column indicate “C” for current involvement or “P” for past involvement. In the “OTHER” column indicate participation (current or past) and your relationship with the other person.

<u>PRACTICE</u>	<u>Me Other (relationship)</u>
Abortion	_____
Abuse	_____
Alcohol	_____
Astrology	_____
Astral projection	_____
Automatic writing	_____
Bahaim	_____
Beastiality	_____
Bhagwan/Shree	_____
Black magic	_____
Blood covenant	_____
Buddhism	_____
Card laying	_____
Channeling	_____
Children of God	_____
Christian Science	_____
Clairvoyance	_____
Crystal ball	_____
Curses	_____
Eastern religions	_____
Eckankar	_____
Edgar Cayce	_____
E.S.P.	_____
EST (The Forum)	_____
Fortune telling	_____
Goddess worship	_____
Hare Krishna	_____
Hinduism	_____
Horoscopes	_____
Hypnosis	_____
Islam	_____
Jean Dixon	_____
Jehovah’s Witnesses	_____
Levitation	_____
Masons	_____
Medium(s)	_____
Other:	_____

PRACTICE

Me Other (relationship)

- Meher Baba _____
- Metaphysical healing _____
- Mind reading _____
- Molestation _____
- Mormonism _____
- New Age _____
- Numerology _____
- Occult literature _____
- Ouija board _____
- Palm reading _____
- Parapsychology _____
- Promiscuity _____
- Psychic phenomena _____
- Reincarnation _____
- Rosicrucian _____
- Roy Masters _____
- Sadism/Masochism _____
- Satanism _____
- Science of the mind _____
- Scientology** _____
- Séances _____
- Second sight _____
- Shriners' _____
- Silva Mind Control _____
- Spiritism _____
- Tarot cards _____
- Tea leaf reading _____
- T. Cole Whitaker _____
- Way International _____
- Trans. Meditation _____
- Water witching _____
- White magic _____
- Witchcraft _____
- Unification church _____
- Unity _____
- Yoga _____
- Other: _____

Living Waters 2011/2012

Below is the schedule for the Living Waters Program 2011/2012. During the year there may be changes due to speaker availability or weather cancellations. You will be notified in advance of any schedule changes. The chapters indicated below will be taught on the night listed and you are required to read the chapter and do the homework **in advance** of that evening. Attendance at all teaching nights *and* Saturday sessions is mandatory.

- 09/29 Chapter 1 and Leadership Team Sharing Time
- 10/06 Chapter 2 - Acknowledging Our Need
- 10/13 Chapter 3 - Sense of Being
- 10/15 Father's Blessing and Shame (**Saturday 9:00am – 1:00pm**)
- 10/20 Chapter 4 - Jesus the Son
- 10/27 Chapter 5 - Realignment & Empowering of the Will – Part 1
- 11/03 Chapter 5 - Realignment & Empowering of the Will – Part 2
- 11/10 **TESTIMONY NIGHT AND POTLUCK DINNER**
- 11/17 Chapter 6 - Welcoming Him into Our Brokenness
- 11/24 HAPPY THANKSGIVING!**
- 12/01 Chapter 7 - Triggers of Gender Insecurity
- 12/08 Chapter 8 - Broken Boundaries, Invaded Hearts – Part 1
- 12/15 Chapter 8 - Broken Boundaries, Invaded Hearts – Part 2
- 12/22 MERRY CHRISTMAS!**
- 12/29 NEW YEAR'S**
- 01/05 Chapter 9 - Narcissism & Relational Idolatry - Part 1
- 01/12 Chapter 9 - Narcissism & Relational Idolatry - Part 2
- 01/19 Chapter 10 - The Cross, Resurrecting the True Self - Part 1
- 01/26 Chapter 10 - The Cross, Resurrecting the True Self - Part 2
- 02/02 **TESTIMONY NIGHT AND POTLUCK DINNER**
- 02/09 Chapter 11 – Forgiving Others - Part 1
- 02/16 Chapter 11 – Forgiving Others - Part 2
- 02/23 Chapter 12 - Misogyny/Sword between the Sexes
- 02/25 Chapter 12/13 – Restoring the True Feminine/True Masculine (Saturday 9:00AM – 1:00PM)
- 03/01 **SMALL GROUP NIGHT**
- 03/08 Chapter 14 - Embracing the Process
- 03/15 Chapter 15 - Temptation: Bound or Determined?
- 03/22 **TESTIMONY NIGHT AND POTLUCK DINNER**
- 03/29 Chapter 16 - Freedom from Sexual Addiction - Part 1
- 04/05 Chapter 16 - Freedom from Sexual Addiction - Part 2 (Maundy Thursday)
- 04/12 Chapter 17 - Devotion to Christ through His Community
- 04/19 Chapter 18 - Healthy Same-Sex Friendships
- 04/26 Chapter 19 - Healthy Heterosexuality
- 05/03 **SMALL GROUP NIGHT**
- 05/10 Chapter 20 - Toward Christian Maturity
- 05/12 CLOSING BANQUET (Saturday 6:00pm – 10:00pm)**

WHAT IS REQUIRED OF ME?

Having offered Living Waters for seventeen years, the leadership team has observed common difficulties and concerns that need to be addressed. We write the following to make you aware you will experience many challenges to receiving all that you can from this program. What is required of you: *commitment!* This program requires commitment to yourself, commitment to others, and commitment to the Lord. The real reason you are in this program is because of the Holy Spirit's leading. This is a very special season for you requiring self-control and perseverance! It will require the sacrifice of your time. Please read the following and consider the personal cost being asked of you. We take this program seriously and ask you would as well.

◆ ATTENDANCE:

Living Waters requires a *strong* commitment by the participants and leaders alike. Because you have purposely set aside this season of time for focusing on significant issues and struggles in your life, your attendance at *every* meeting is necessary! This means having to deliberately adjust your schedule for Thursday evenings and the two Saturdays scheduled! The Saturday sessions are very crucial and must not be missed. Our experience has shown that when chapters cover personally challenging, past issues (i.e. abuse), more reasons will present themselves for not attending (i.e. feeling tired). It will therefore seem more difficult at times to attend. The enemy will attack in many ways to prevent you from coming. We understand there are exceptions and emergencies which will arise and we allow grace for such circumstances. Be aware of this in advance and be prepared for battle!

◆ PUNCTUALITY FOR WORSHIP

Punctuality follows on the heels of the above discussion on attendance. You do a great disservice to the worship team and others in the group by arriving *consistently* late for the worship time. Trying to find a place to sit and disrupting others, can seriously interfere with what the Lord may be doing with an individual or the group that evening. The worship time is considered a vital and *necessary* part of the program. We consider this time to be just as important, sometimes even more so, than the teaching or small group time! Make the choice in your heart *before* you begin this program you will commit to every aspect of it! The traffic in our area is unpredictable and often backed up. Plan now to adjust your work schedule so Thursday afternoons will be open for you to leave with the appropriate time to arrive. We suggest speaking with your employer if this is a difficulty and see if some kind of arrangement can be made.

◆ APPROPRIATE ATTIRE

While we do not want to be too restrictive about what you can and cannot wear to the meetings, we do ask you to please be respectful of the sensitivity of others when it comes to your attire. What might be appropriate for one person may be a stumbling block for others. Please dress modestly for our meetings by avoiding clothing that is unusually tight or revealing. Likewise, if the clothing choices of someone in the group are consistently serving as a stumbling block for you, please make this known to one of the leaders. The leader will discretely discuss the matter with the individual, and your disclosure will be kept confidential.

◆ SMALL GROUP SHARING

Our policy manual, which you will be receiving, clearly outlines the parameters we follow for our small group discussions. During the week the program begins, we suggest you carefully reread this manual. You are an important and vital part of your small group. Your lack of participation or attendance *does* influence others in your group. We often see one's willingness to share and be open allows the Holy Spirit to minister not only to that individual, but to the others in the group as well. Commit to allowing this opportunity for the Lord to do a deeper work in you through this process!

◆ READING, HOMEWORK, AND JOURNALING:

It is a ***GIVEN*** you will come prepared for the evening meeting. This means you will have spent quality time *in advance of that day* to prepare. It is expected you read the assigned chapter in the workbook, any additional required reading (indicated in the workbook), and completed all homework assignments. The reading and homework assignments correspond to the chapters as indicated on your syllabus which provides the complete program outline. ***Consistent failure to come prepared for the evening or handing in the required homework may be grounds for dismissal from the program.*** The lack of preparation in advance hinders the small group dynamics and often becomes disruptive for the small group.

Every year there is a waiting list for those who wanted to enroll but space was unavailable. If you drop out of the program this year, do not assume you will be able to retake it again the next time. We take this program very seriously. If it becomes apparent you are consistently not doing the reading or completing the assignments, and you have not discussed this with your small group leaders, you may be requested to leave the program. This is *only* done out of consideration of the others in your small group. Once again, plan now to commit to truly apply yourself to what this program requires.

CONFIDENTIALITY Agreement and Limitations

Confidentiality and safety need to be the hallmarks of Regeneration of Northern Virginia's programs. To this end we try to establish as safe an experience as possible for our participants. In order to maintain this atmosphere of trust, specific parameters are required.

All information shared within the confines of Regeneration of Northern Virginia's programs is to **remain** confidential and private. Disclosure of shared information outside the confines of our programs (including spouses if married) will be grounds for dismissal. Small group leaders reserve the right to discuss information as needed with the ministry director(s) for the purpose of seeking counsel, oversight, and/or accountability. The director(s) will determine when further discussion with other leadership is required. In **all** cases consideration for the privacy of individuals will be upheld.

The only exceptions to confidentiality leadership will make is if an individual communicates the intent to take harmful or dangerous action against him/herself or another human being. Those in leadership would give the individual an opportunity to inform the appropriate authorities or others involved before taking further action. Additionally, the leadership will report to the proper authorities any type of *current* activities that would bring endangerment to a child.

Regeneration of Northern Virginia does not have after-hours emergency support. In the event of an emergency or if any of the aforementioned situations are imminent, the participant involved should contact 911.

I have read and understood the above written disclosure and agree to its conditions.

Signature

Date

Printed Name